

## Sometimes Bad Things Happen

Sometimes bad things happen to good people.  
Sometimes things that go wrong, that's not your fault.  
Sometimes crying helps release frustration that you hold inside.  
There are many things that can make you  
sad, angry, hurt, feel lost, mad.  
But life is like that.

It's like going on a trip and having no map.  
Not only that but you're in a whole other country.  
It's like no one knows your name or speaks your language.  
Sometimes your emotions are like fire,  
pour some gasoline on a smoldering fire,  
and well you have a great big fire.

And then you lose all sense of self,  
and nothing makes sense any more.  
Rational mind is out the door,  
and the emotions touches your very core.

By: May Fletcher